



## UNIVERSITY OF SOUTHERN CALIFORNIA

### **STEVEN H. RICHEIMER, M.D.**

Diplomate, American Board of Anesthesiology, April 1995, #25792  
Diplomate, ABA with Subspecialty Certification in Pain Management, September 1996, #25792  
Diplomate, American Board of Pain Medicine, February 28, 2005, #10405  
Diplomate, American Board of Psychiatry & Neurology (Psychiatry), March 1988, #30074  
Medical License: California G51560

Born: September 21, 1956 in Los Angeles, California  
Married; United States Citizen

#### **PRESENT POSITIONS:**

AUG. 2001 – PRESENT	DIRECTOR OF PAIN MANAGEMENT UNIVERSITY OF SOUTHERN CALIFORNIA
OCT. 2002 – PRESENT	MEDICAL DIRECTOR OF THE CARE TEAM PALLIATIVE MEDICINE SERVICES AT NORRIS CANCER HOSPITAL LOS ANGELES, CA RECIPIENT OF THE SOUTHERN CALIFORNIA CANCER PAIN INITIATIVE AWARD OF EXCELLENCE, 2003.
AUG. 2001 – PRESENT	DIRECTOR OF PAIN MANAGEMENT NORRIS CANCER HOSPITAL LOS ANGELES, CA
AUG. 2001 – PRESENT	ASSOCIATE PROFESSOR DEPARTMENTS OF ANESTHESIOLOGY & PSYCHIATRY UNIVERSITY OF SOUTHERN CALIFORNIA
AUG. 1998 – PRESENT	MEDICAL-LEGAL CONSULTANT RICHEIMER PAIN MEDICAL GROUP LOS ANGELES, CA
JAN. 1995 – PRESENT	ASSOCIATE CLINICAL PROFESSOR DEPARTMENT OF ANESTHESIOLOGY UNIVERSITY OF CALIFORNIA AT DAVIS (UCD)
JAN. 2000 – PRESENT	FOUNDER & WEBMASTER HELPPFORPAIN.COM

#### **PAST POSITIONS:**

1998 – 2001	Medical Director Richeimer Pain Institute Santa Monica, CA
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1998 – 2001                      Director of Pain Management  
Saint John's Health Center  
Santa Monica, CA

1995 – 1998                      Director, Pain Treatment Center  
Department of Anesthesiology  
University of California Davis Medical Center

1986 – 1995                      Assistant Clinical Professor, Department of Psychiatry  
University of California at Los Angeles (UCLA)

1989 – 1991                      Psychiatry, Private Practice, Burbank, CA

1986 – 1988                      Associate Unit Director, Adult Psychiatry Inpatient Service  
UCLA - Neuropsychiatric Hospital

1986 – 1988                      Consultant to the UCLA Sleep Disorders Clinic

**POSTGRADUATE TRAINING:**

Jan. 1994 - Dec. 1994              Fellow in Pain Management  
Beth Israel Hospital, Department of Anesthesiology  
Harvard School of Medicine

1991 - 1993                      Resident in Anesthesiology  
UCLA Department of Anesthesiology

1985 - 1986                      Chief Resident in Psychiatry, Adult Inpatient  
UCLA Neuropsychiatric Institute

1983 - 1985                      Resident in Psychiatry  
UCLA Neuropsychiatric Institute

1982 - 1983                      Medical Internship  
UCLA/Wadsworth VA Hospital

**EDUCATION:**

1978 - 1982                      Doctor of Medicine  
U.C. San Francisco, School of Medicine

1974 - 1978                      Bachelor of Arts, with Distinction  
Stanford University, Program in Human Biology

**RESEARCH EXPERIENCE:**

2002 – present                      Symptoms of Distress in Cancer Patients  
USC/Norris Cancer Hospital

1997-2000                      Common Ethical Problems in Pain Management  
Saint John's Health Center &  
UC Davis, School of Medicine

1994-1995                      Clinical assessment of global impairment in chronic pain patients.  
UC Davis, School of Medicine and

	Harvard University, Beth Israel Hospital
1994-1995	High-dose vs low-dose tricyclic antidepressants for the treatment of neuropathic pain. Harvard University, Beth Israel Hospital
1985 - 1988	Assessment of immunologic functions in depression. UCLA, School of Medicine
1985 - 1988	Use of lithium to prolong the sleep deprivation response in depressed patients. UCLA, School of Medicine
1986	Determination of Seizure Duration in ECT UCLA, School of Medicine
1973 - 1975	Assessment of sleep pattern changes associated with aging in cats. UCLA, School of Medicine

**LECTURE AND TEACHING APPOINTMENTS (limited to 1999 - present):**

2004	Lecturer: Legal, Ethical & Regulatory Issues in Pain Medicine Grand Rounds: USC Dept. of Anesthesiology
	Lecturer: Introduction to Pain Medicine 2 <sup>nd</sup> Year Clinical Medicine Curriculum Tuoro University School of Medicine, Vallejo, CA
	Lecturer: Pain and Suffering Year 1, Professionalism in Medicine Curriculum USC, Keck School of Medicine
	Lecturer: USC 11th Annual Van Der Meulen Symposium: Advances in the Treatment of Neurological Disorders: Legal and Ethical Issues in Pain Medicine USC, Keck School of Medicine, Los Angeles, CA
	Speaker: Palliative Care & Pain Management Medical Staff Rounds: Little Company of Mary Hospital Torrance, CA
	Lecturer: Legal, Ethical & Regulatory Issues in Pain Medicine Grand Rounds: USC Dept. of Psychiatry
	Speaker: Management of Intractable Pain Medical Staff Rounds: Torrance Memorial Hospital Torrance, CA
	Lecturer: The Use of Nerve Blocks in Neuropathic Pain Grand Rounds: USC Dept of Orthopedic Surgery
	Speaker: Non-Pharmacologic Pain Management California Association of Neurological Surgeons Newport Beach, CA

Speaker: Legal, Ethical & Regulatory Issues in Pain Medicine  
Medical Staff Rounds: Valley Presbyterian Hospital  
Sherman Oaks, CA

Speaker: Legal, Ethical & Regulatory Issues in Pain Medicine  
Medical Staff Rounds: Midway Hospital  
Los Angeles, CA

2003

Planning Advisor and Speaker:  
Management of Pain Disorders: Basic Principles  
Finding the Balance after Bergman vs. Chin  
California Medical Association Conference: Pain, Palliation, & Politics  
Santa Clara, CA

Speaker: Pain and Palliative Care  
Medical Staff Rounds: Parkview Community Medical Center  
Riverside, CA

Speaker: Ethics and Pain Medicine  
Los Angeles County Medical Association, Dinner Symposium  
Long Beach, CA

Lecturer: Neuropathic Pain—Diagnosis and Treatment  
USC Department of Orthopedic Surgery Grand Rounds

Speaker: Overview of Pain Medicine  
Internal Medicine Grand Rounds: Olive View Hospital of Los Angeles County

Speaker: Non-Pharmacologic Pain Management  
California Medical Association: 7<sup>th</sup> Annual Leadership Academy  
La Quinta, CA

Lecturer: Cancer Pain Management: Practical Issues  
USC Oncology Fellows Curriculum

Lecturer: Update on Pain Management  
Lakewood Regional Medical Center Medical Staff Rounds  
Lakewood, CA

Lecturer: Opioid Abuse Risk and Protection  
Faulding Pharmacy Series  
Pasadena, CA

Lecturer: Pain Management in Primary Care  
Los Angeles County Hubert Humphrey Center

Lecturer: Neuropathic Pain  
Gastroenterology Grand Rounds  
USC School of Medicine

Lecturer: Pain Management Issues for Psychiatrists  
Psychiatry Rounds: Southern California Kaiser-Permanente

Lecturer: Pain Management in Primary Care

American Academy of Family Medicine  
Los Angeles, CA

Lecturer: Pain Management Update  
Chinese American Medical Association of Southern California  
Los Angeles, CA

Lecturer: Pain as a Disease  
Foundation for Better Health Care: Women's Healthcare Forum  
Anaheim, CA

Lecturer: Symptom Management in Palliative Care  
Medical Grand Rounds  
St. Vincent Medical Center, Los Angeles, CA

Lecturer: Overview of Pain Management  
Medical Grand Rounds  
Century City Hospital, Los Angeles, CA

Speaker: Pain Control—When to Use Opioids  
USC Community Medicine Series

Lecturer: Acute Pain  
Senior Medicine Student Curriculum  
USC Keck School of Medicine

Speaker: Neurobiology of Pain  
Pain Assessment  
Ethical & Regulatory Issues in Pain Management  
Physical Medicine & Rehabilitation Pain Management Symposium  
Sponsor: Kaiser Permanente of Southern California  
Dana Point, CA

Lecturer: Geriatric Issues in Pain Management  
Psychiatry Grand Rounds  
USC Keck School of Medicine

Lecturer: Complications and Negligence in Pain Management  
Pain Management Symposium: Southern California Kaiser-Permanente  
Bellflower, CA

Lecturer: Complications and Negligence in Pain Management  
UC Davis Division of Pain Medicine Rounds  
Sacramento, CA

2002

Keynote Address: Cancer Pain & Palliative Medicine  
11<sup>th</sup> Annual UCD Pain Management Conference, San Francisco, CA  
UC Davis School of Medicine

Lecturer: Pain Management Update  
Verdugo Hills Hospital Grand Rounds  
Verdugo, CA

Speaker: The Real Ethics of Pain Management  
Lunch Symposium: Case Managers Society of America  
Honolulu, HI

Demystifying Pain Management with Injured Workers  
Case Managers Society of America – Annual Regional Conference  
Honolulu, HI

Lecturer: Managing Pain-from Prevention to Spinal Implants  
Northridge Hospital Medical Staff Rounds  
Northridge, CA

Speaker: Foundation for Better Health Care / Women's Health Symposium  
Pain Management for Primary Care  
Anaheim, CA

Lecturer: Overview of Pain Management  
Medical Grand Rounds: San Dimas Medical Center

Lecturer: Pain Management Update  
PM&R Educational Rounds  
Long Beach Veteran's Administration Hospital

Lecturer: USC 9th Annual Van Der Meulen Symposium: Advances in the  
Treatment of Neurological Disorders: Nerve Blocks for Neuropathic Pain  
Los Angeles, CA

Lecturer: Treating Cancer Pain  
USC Hematology Grand Rounds

Lecturer: Opioids and Alternatives for Cancer Pain  
USC Hematology Fellows Curriculum

Lecturer: Cancer Pain Management: Practical Issues  
USC Oncology Fellows Curriculum

Speaker: Beverly Hospital Grand Rounds  
New Trends in Pain Management, Montebello, CA

Speaker: Pain Management Issues for Psychiatrists  
Psychiatry Grand Rounds: Lanterman State Hospital  
Pomona, CA

Speaker: Pain Management  
Community Outreach: Brentwood Country Club  
Los Angeles, CA

Lecturer: Eisenhower / Annenberg Center Medical Staff Rounds  
Low Back Pain Update  
Rancho Mirage, CA

Speaker: Annenberg Center for Healthy Living  
What You Should Know about Low Back Pain  
Rancho Mirage, CA

Lecturer: Managing Pain-from Prevention to Spinal Implants  
Torrance Memorial Hospital Medical Staff Rounds  
Torrance, CA

Lecturer: Pain Management in the Elderly  
Medical Grand Rounds: Antelope Valley Hospital  
Lancaster, CA

Lecturer: Pain Management for Psychiatrists  
USC Psychiatry Clinical Curriculum

Lecturer: Assessing the Patient in Pain  
USC School of Medicine – First Year Curriculum

Speaker: Pain Management for Orthopedic Surgeons  
USC Orthopedics Grand Rounds

Speaker: Treating Chronic Pelvic Pain  
USC OB-GYN Grand Rounds

Lecturer: City of Angels Medical Center Medical Staff Rounds  
Managing Pain: From Prevention to Implants  
Los Angeles, CA

Lecturer: San Gabriel Valley Medical Center Medical Staff Rounds  
Managing Pain and Low Back Pain, San Gabriel, CA

Lecturer: Holy Cross Center Medical Staff Rounds  
Complications and Negligence in Pain Management  
Mission Hills, CA

2001

Lecturer: Pain and Suffering in the Elderly  
University of California - Statewide: Train the Trainer Series

Speaker: Neuropathic Pain Medications and Opioids  
Los Angeles Psychopharmacology Journal Club

Speaker: Managing Pain-from Prevention to Spinal Implants  
Saint John's Medical Center Alumni Association, Los Angeles, CA

Lecturer: Therapeutic Options for the Management of Skeletal-Muscular Pain  
Continuing Education Seminar, USC School of Pharmacy, Los Angeles, CA

Lecturer: Pain Management Update  
Suburban Medical Center Grand Rounds, Paramount, CA

Lecturer: The Role of Nerve Blocks in Chronic Pain Management  
Dinner Symposium: UCLA Dept of Physical Medicine and Rehabilitation

Lecturer: Pain: Prevention to Rehabilitation  
USC Department of Anesthesiology Grand Rounds

Moderator and Speaker: Issues in Pain Management  
Journal Club, USC Department of Anesthesiology

Lecturer: Industry Training Seminars: Pain Management  
USC School of Pharmacy, Los Angeles, CA

Lecturer: Demystifying Pain Management: What works and why  
SEAK 10<sup>th</sup> Annual Workers' Compensation and Occupational Medicine Seminar

San Diego, CA

Lecturer: Pain Management for the Workers Compensation Adjuster  
Insurance Educational Association Classes, Pasadena & Huntington Beach

Guest Speaker: Managing Chronic Pain with Long Acting Opioids  
Janssen Pharmaceutica, Los Angeles, CA

2000

Lecturer & Panelist: New Concepts and Approaches to Arthritis  
Saint John's Health Center, The Arthritis Foundation and The  
Center for Healthy Aging.

Lecturer: Pain Management & Rehabilitation  
Physical Therapy Colloquim  
Saint John's Health Center, Santa Monica

Lecturer: Managing Neuropathic Pain  
Anesthesiology Grand Rounds  
UCLA-Harbor General Hospital, Torrance

Lecturer: Pain Management for the Workers Compensation Adjuster  
Insurance Educational Association Classes, Pasadena & Huntington Beach

1999

Lecturer: Nerve Blocks: A Guided Tour  
6<sup>th</sup>, 7<sup>th</sup>, & 8<sup>th</sup> Annual UCD Pain Management Conferences, 1997, 1998, & 1999  
UC Davis School of Medicine

Lecturer & Panelist: Evaluation & Treatment of Low Back Pain  
Family Practice Rounds, Saint John's Health Center

Lecturer: Pain Management for Psychiatrists  
Psychiatry Grand Rounds: Daniel Freeman Hospital, Los Angeles

Lecturer: Surgery Rounds: Post-operative Pain Management  
Centinella Hospital, Los Angeles

Course Director: Primary Care Treatment of Pain  
The 5<sup>th</sup>, 6<sup>th</sup>, & 7<sup>th</sup> Annual UCD Pain Management Conferences  
At Yosemite and Lake Tahoe, CA, 1996-1998  
UC Davis School of Medicine

**UNIVERSITY COMMITTEES / SERVICE:**

USC Keck School of Medicine Clinical Curriculum Committee  
USC/Norris Cancer Hospital Medical Ethics Committee  
USC Dept of Anesthesiology Residency Evaluation Committee

**PROFESSIONAL SOCIETY MEMBERSHIPS:**

American Pain Society  
American Society of Regional Anesthesia  
American Academy of Pain Medicine  
American College of Legal Medicine  
American Medical Association



California Medical Association  
International Association for the Study of Pain  
International Spinal Injection Society  
Los Angeles County Medical Association

**AWARDS & MISCELLANEOUS:**

2004                      Appointed to The National Quality Forum--Technical Panel: Quality of Cancer Care Measures in Symptom Management & End of Life Care

2003                      Award of Excellence for the USC/Norris CARE Team  
Southern California Cancer Pain Initiative

2002                      Listed: Consumer's Guide to Top Doctors (15 mentions)

1993 - Current              Certified Fluoroscopy Supervisor and Operator  
California Department of Health Services

1979                      Delegate of American Medical Student Association  
to the people's Republic of China.

**EDITORIAL BOARDS AND EXPERT ANALYSTS:**

2005 – present              Series Editor: Contemporary Pain Medicine—Humana Press  
2003 – present              Sub-section Editor--Forensic Pain Management: The Journal of Pain Medicine  
(The Official Journal of the American Academy of Pain Medicine)

2003 – present              Editorial Board: Journal of Cancer Pain and Symptom Palliation  
2000 – present              Editorial Board: SpineUniverse.com.  
1997 – 1998                The Pain Medicine Journal Club Journal, Lippincott-Raven.  
1997 – 1998                Cases of the Massachusetts General Hospital Pain Center, An Internet Journal.

**PUBLICATIONS:**

**BOOKS:**

The Psychiatric Drug Handbook, Guze B, Ferng H, Szuba M, Richeimer S. Mosby, St. Louis, 1992.

The Handbook of Psychiatry. Editors: Guze B, Richeimer S., Siegel D. Mosby, Chicago, 1990.

Save Your Aching Back and Neck, A Patient's Guide, Eidelson S, Fessler R, Garfin S, Richeimer S., Rodts G, Spinasant S. SYA Press and Research Inc., 2<sup>nd</sup> Edition, San Diego, 2002.

**ARTICLES / ABSTRACTS / CHAPTERS:**

Altshuler LL, Plaeger-Marshall S, Richeimer S., Daniels M, Baxter LR: Lymphocyte Function in Major Depression. ACTA Scandinavia 80: 132-136, 1989.

Antigua-Martinez MTP, Wootton RJ, Richeimer SH, Ransil B, Warfield CA, Bajwa ZH: Effect of Somatization on Global Pain Impairment. Poster session, APS Annual Meeting, Los Angeles, Nov 1995.

Antigua-Martinez MTP, Richeimer SH, Wootton RJ, Warfield CA, Bajwa ZH: Effect of Somatization on Global Pain Impairment. Submitted, The Clinical Journal of Pain, 1996.

Bajwa ZH, Fishman SM, Richeimer SH, Rozan JP, Warfield CA: Intravenous Phenytoin May Predict the Analgesic Efficacy of Phenytoin for Intractable Neuropathic Pain. Poster session, 8th World Congress on Pain, Vancouver, BC, August, 1996.

Baxter LR Jr., Liston EH, Schwartz JM, Altshuler L, Guze BH, Richeimer SH, Wilkins J, Freedman DX. Lithium prolongs the antidepressant response to partial sleep deprivation. Poster session, American College of Neuropsychopharmacology Annual Meeting. Maui, HA, December, 1985.

Baxter LR, Liston EH, Schwartz JM, Altshuler LL, Wilkins JN, Richeimer SH, Guze BH: Prolongation of the antidepressant response to partial sleep deprivation by lithium. *Psychiat Research*, 19:17-23, 1986.

Baxter LR, Liston EH, Schwartz JM, Altshuler LL, Wilkins JN, Richeimer SH, Guze BH: Lithium extends sleep deprivation effect in depression. pp. 70, APA 1986 Annual Meeting, Washington, D. C., May 1986.

Chase MH, Monoson R, Watanabe KA, and Richeimer SH: Reflex Responses to high frequency Reticular Stimulation are State Dependent. *Sleep Research* 3:20, 1974.

Chase M, Richeimer S, Babb M. Sleep in the Aged Cat. *Neuroscience Abstracts* 5:1142, 1975.

Chase M, Babb, Stone M, Richeimer S: Active sleep Patterns in the old Cat. *Sleep Res* 5:20, 1976.

Guze BH, Liston LH, Baster LR, Richeimer SH, Gold ME: Interrater reliability of MECTA EEG, Recordings of ECT seizure duration. *J. Clinical Psychiatry* 50:140-142, 1989.

Guze BH, Siegel DJ, Richeimer SH, Jackson M: Affective Disorders; in, *The Handbook of Psychiatry*, Editors: Guze B, Richeimer S, Siegel D. Yearbook Medical Publisher, Chicago, 1990, pp 93-104.

Liston EH, Guze BH, Baxter LR, Richeimer SH, Gold MC: Motor vs EEG Seizure duration in ECT. *Biological Psychiatry* 24 (1):94-96, 1989.

Macres SM, Richeimer SH: Successful treatment of erythromelalgia with intrathecal hydromorphone and clonidine. *Clinical Journal of Pain* 16(4):310-3, 2000.

Macres SM, Richeimer SH, Duran PD: Adjuvant Analgesics; in, Warfield CA, Bajwa ZH (Eds): *Principles and Practice of Pain Management*, 2nd edition. McGraw Hill, 2004.

Macres SM, Richeimer SH: Understanding Neuropathic Pain: Pathophysiology and Treatment Modalities. *Current Reviews in Clinical Anesthesia* 19(2)14-20, 1998.

Macres SM, Richeimer SH, Duran PJ: The Pathophysiology and Treatment of Neuropathic Pain. *Am Society of Anesthesiology Annual Review*, Vol 27, Chapter 10, 1999.

Macres SM, Richeimer SH: Review of Acute Postoperative Pain Management. *Current Reviews in Clinical Anesthesia* 19(14)147-156, 1999.

Nematbakhsh AM, Richeimer SH: Pharmacologic Therapies for Neck Pain. *Physical Medicine and Rehabilitation Clinics of North America*, 14(3) 629-641, August 2003.

Richeimer SH: Pain Problems in the Emergency Room. *Lifeline* (Newsletter of Calif American College of Emergency Physicians), September 2000.

Richeimer SH, Case GA: Ethical Issues And Problems Of Trust In The Management Of Chronic Pain; in, Warfield CA, Bajwa ZH (Eds): *Principles and Practice of Pain Management*, 2nd edition. McGraw Hill, 2004.

Richeimer SH, Bajwa ZH, Kahraman S, Ransil BJ, Warfield CA: Utilization Patterns of Tricyclic Antidepressants in a Multidisciplinary Pain Clinic. *The Clinical Journal of Pain* 13(4):324-329, 1997.

Richeimer SH: Commentary: Continuous Popliteal Sciatic Nerve Block. *The Pain Medicine Journal Club* 3(4):159-160, 1997.

Richeimer SH: Commentary: Unusual Complication After Interventional Pain Management. *Cases of the MGH Pain Center* 1(2): 1997 (<http://www.mghdacc.com/mghpc/Cases.htm>).

Richeimer SH: Evaluation of the Patient with Pain; in, Gershwin ME, Hamilton M (Eds): *The Pain Management Handbook: A Comprehensive Guide to Diagnosis & Treatment*. Humana Press, 1998.

Richeimer SH, Macres SM: Psychological and Medical Complications of Chronic Pain Management. *Seminars in Anesthesia* 15(3):224-237, 1996.

Richeimer SH, Book Review: Management of Migraine. *Anesthesiology* 85 (5):1225-1226, 1996.

Richeimer SH: Management of Cancer Pain. Newsletter: The Oncology Nursing Society, Greater Sacramento Chapter, April 1997.

Richeimer SH: Psychological Intervention in Delirium. *Postgraduate Medicine* 81 (5):173-180, 1987.

Richeimer SH, Bajwa ZH, Antigua-Martinez M, Ransil BJ, Warfield CA: Global Assessment of Pain Impairment Scale (The GAPI): A Simple Self-rated Scale of Pain Related Impairment. Poster Session, IASP 8th World Congress on Pain, Vancouver, BC, August 1996.

Richeimer SH, Bajwa ZH, Kahraman S, Warfield CA: Impact of Side Effects on Treatment with Tricyclic Antidepressants in a Multidisciplinary Pain Clinic. Poster session, American Society of Regional Anesthesia, Annual Meeting, Orlando, FL, 1995.

Richeimer SH, Kahraman S, Bajwa ZH: Patterns of Use of Tricyclic Antidepressants in a Tertiary Care, Multidisciplinary Pain Management Center. Poster session, American Academy of Neurology, Annual Meeting, Seattle, WA, May 1995.

Szuba MP, Guze BH, Richeimer SH: The Post-Residency Perspective of the Psychiatric Chief Resident. (Letter) *Academic Psychiatry*, 1993.

Tepper G, Richeimer SH, Sugay J: Outpatient Surgery: Spinal Applications. *Orthopedic Special Edition* 7(1):19-23, 2001.

Victor L, Richeimer SH: Psychosocial Therapies for Neck Pain. *Physical Medicine and Rehabilitation Clinics of North America*, (3) 643-657, August 2003.

Victor L, Richeimer SH: Trustworthiness as a Clinical Variable—The Problem of Trust in the Management of Chronic, Nonmalignant Pain. Submitted to *Pain Medicine*, 2004.